

# Saltstraumtabellen 2010

## Timetable of the tidal current

DAY OF MONTH	JAN		FEB		MAR		APR		MAY		JUN		JUL		AUG		SEP		OCT		NOV		DEC	
	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT	IN	OUT
1	11:13	05:03	00:16	06:21	11:25	05:20	01:12	07:22	01:28	07:46	02:28	08:55	02:43	09:08	03:18	09:40	04:01	10:17	04:38	10:55	06:11	00:11	06:54	00:46
2	11:58	05:50	01:00	07:04	12:07	06:02	01:51	08:02	02:07	08:28	03:08	09:39	03:19	09:46	03:54	10:19	04:56	11:21	05:58	00:11	07:26	01:17	07:59	01:46
3	12:44	06:36	01:44	07:47	12:49	06:43	02:31	08:44	02:47	09:13	03:50	10:26	03:56	10:28	04:37	11:06	06:12	00:28	07:34	01:37	08:26	02:14	08:54	02:42
4	01:17	07:23	02:28	08:32	01:18	07:23	03:11	09:31	03:30	10:04	04:27	11:18	04:38	11:13	05:31	12:06	07:50	01:58	08:53	02:46	09:16	03:05	09:43	03:33
5	02:06	08:10	03:14	09:23	01:59	08:06	03:55	10:26	04:19	11:03	05:29	12:14	05:26	12:06	06:43	00:58	09:12	03:10	09:51	03:42	10:01	03:51	10:28	04:19
6	02:56	09:01	04:05	10:26	02:40	08:53	04:48	11:39	05:17	12:11	06:29	00:25	06:24	00:31	08:09	02:21	10:11	04:07	10:39	04:30	10:44	04:35	11:10	05:02
7	03:48	09:59	05:06	11:49	03:26	09:52	05:58	13:04	06:27	00:17	07:32	01:34	07:32	01:43	09:26	03:31	11:01	04:55	11:23	05:15	11:26	05:17	11:51	05:42
8	04:46	11:07	06:29	00:20	04:23	11:14	07:28	01:16	07:40	01:33	08:31	02:37	08:41	02:53	10:26	04:28	11:46	05:40	12:06	05:58	12:07	05:57	00:17	06:20
9	05:54	12:25	07:56	01:40	05:43	12:49	08:45	02:35	08:40	02:38	09:24	03:32	09:44	03:53	11:18	05:17	12:29	06:23	00:17	06:39	00:29	06:36	01:00	06:57
10	07:10	01:01	09:01	02:47	07:21	01:06	09:38	03:33	09:28	03:30	10:12	04:22	10:40	04:46	12:05	06:03	00:40	07:05	01:01	07:20	01:15	07:16	01:43	07:35
11	08:20	02:06	09:47	03:37	08:32	02:20	10:18	04:17	10:09	04:15	10:58	05:07	11:31	05:35	00:18	06:47	01:23	07:47	01:46	07:59	02:01	07:58	02:25	08:15
12	09:16	03:03	10:25	04:17	09:20	03:13	10:52	04:54	10:47	04:54	11:44	05:51	12:20	06:21	01:02	07:31	02:07	08:29	02:31	08:40	02:51	08:45	03:11	09:00
13	10:02	03:51	10:58	04:51	09:57	03:53	11:24	05:27	11:25	05:32	00:08	06:34	00:37	07:06	01:46	08:15	02:52	09:12	03:19	09:25	03:47	09:45	04:01	09:54
14	10:41	04:32	11:28	05:21	10:29	04:26	11:56	05:59	12:03	06:09	00:51	07:19	01:21	07:53	02:30	09:00	03:40	09:59	04:12	10:19	04:54	10:59	05:00	11:00
15	11:17	05:07	11:58	05:51	10:59	04:57	00:22	06:31	00:28	06:47	01:35	08:06	02:07	08:40	03:16	09:47	04:34	10:57	05:18	11:33	06:10	00:03	06:08	12:13
16	11:50	05:40	00:22	06:19	11:28	05:26	00:53	07:04	01:05	07:27	02:21	08:56	02:53	09:28	04:04	10:38	05:43	12:17	06:43	00:51	07:20	01:04	07:15	00:49
17	00:14	06:10	00:51	06:48	11:57	05:55	01:25	07:39	01:46	08:12	03:10	09:50	03:40	10:20	04:58	11:38	07:17	01:29	08:11	02:04	08:14	01:55	08:11	01:44
18	00:47	06:40	01:21	07:18	00:21	06:25	02:01	08:17	02:30	09:02	04:01	10:47	04:31	11:15	06:06	00:23	08:49	02:46	09:13	03:02	08:57	02:38	08:57	02:34
19	01:19	07:11	01:52	07:50	00:51	06:56	02:40	09:01	03:19	09:59	04:56	11:47	05:27	12:15	07:35	01:51	09:49	03:44	09:58	03:47	09:33	03:16	09:38	03:20
20	01:51	07:43	02:27	08:26	01:23	07:29	03:26	09:57	04:14	11:04	05:57	00:02	06:33	00:46	09:05	03:10	10:32	04:28	10:35	04:25	10:06	03:52	10:16	04:02
21	02:26	08:18	03:07	09:11	01:59	08:07	04:21	11:09	05:17	12:13	07:04	01:13	07:51	02:06	10:08	04:10	11:07	05:03	11:07	04:57	10:39	04:26	10:54	04:43
22	03:04	08:58	03:57	10:16	02:40	08:55	05:30	12:31	06:26	00:30	08:15	02:24	09:10	03:21	10:54	04:56	11:39	05:34	11:38	05:27	11:12	05:01	11:33	05:24
23	03:48	09:48	05:07	11:51	03:31	10:05	06:52	00:52	07:37	01:42	09:21	03:31	10:15	04:23	11:32	05:33	12:09	06:02	12:07	05:56	11:47	05:36	12:13	06:04
24	04:43	10:56	06:40	00:20	04:42	11:40	08:10	02:10	08:43	02:48	10:20	04:29	11:06	05:12	12:06	06:06	00:11	06:29	00:12	06:25	00:06	06:13	00:41	06:47
25	05:54	12:22	08:04	01:48	06:14	00:06	09:13	03:14	09:41	03:47	11:12	05:20	11:49	05:53	00:12	06:35	00:40	06:56	00:45	06:56	00:49	06:54	01:27	07:31
26	07:16	00:50	09:06	02:56	07:40	01:32	10:06	04:08	10:33	04:39	11:58	06:04	00:01	06:29	00:42	07:03	01:10	07:24	01:20	07:28	01:35	07:39	02:15	08:19
27	08:27	02:05	09:56	03:50	08:42	02:38	10:54	04:56	11:22	05:27	00:15	06:44	00:36	07:02	01:12	07:30	01:42	07:52	01:58	08:03	02:26	08:30	03:06	09:12
28	09:24	03:10	10:41	04:37	10:33	04:31	11:40	05:41	12:08	06:12	00:54	07:21	01:10	07:33	01:41	07:58	02:16	08:24	02:41	08:43	03:23	09:32	04:02	10:14
29	10:13	04:04			11:18	05:17	00:09	06:24	00:30	06:54	01:31	07:57	01:41	08:03	02:11	08:27	02:55	08:59	03:31	09:35	04:28	10:44	05:06	11:27
30	11:00	04:53			12:02	06:00	00:49	07:05	01:09	07:34	02:07	08:32	02:13	08:34	02:43	08:57	03:40	09:46	04:32	10:45	05:40	12:00	06:18	00:13
31	11:44	05:38			00:32	06:41			01:48	08:15			02:44	09:06	03:19	09:32			04:47	11:10			07:32	01:21

**N** Tabellen angir de tidspunkt når strømmen går på det sterkeste. Kolonnen "in" viser når strømmen går fra Saltfjorden til Skjerstadfjorden

**Advarsel:** De utrolige kreftene i Saltstraumen gjør det livsfarlig å ferdes med kanoer og små båter. All ferdsel på sjø og land skjer på eget ansvar.

**GB**

The timetable shows when the current is at its strongest. The column "in" show the incoming current.

**Warning:** The incredible forces that are at work in Saltstraumen make it perilous to cross by canoe or on small boats. All movement within the area, whether on sea or land, is done at one's own risk.

**D**

Die Tabelle gibt die Uhrzeiten an, wann der Gezeitenstrom am stärksten ist. Die Druckspalte "in" zeigt an, wann die Strömung vom Saltfjord zum Skjerstadfjord fließt.

**Vorsicht!** Die ungeheuren Kräfte des Saltstraumen bedeuten Lebensgefahr für Paddler und Ruderer. Denken Sie daran, daß Sie sich im und am Strom stets auf eigene Gefahr bewegen!

**F**

Le marégramme vous aidera à trouver les moments où le courant est au plus fort, la colonne "in" indiquant les marées montantes.

**Attention!** L'énorme puissance de ce courant fait qu'il est extrêmement dangereux de s'aventurer à bord d'un bateau ou canoë. Toute promenade sur les bords du courant ou à bord d'un bateau se fait sur votre propre responsabilité.